

D A V I D

NAVIGATING LIFE'S TWISTS & TURNS

David's Plan (1-3)

Now when the king lived in his house and the LORD had given him rest from all his surrounding enemies, the king said to Nathan the prophet, "See now, I dwell in a house of cedar, but the ark of God dwells in a tent." And Nathan said to the king, "Go, do all that is in your heart, for the LORD is with you."

God's Bigger and Better Plan (4-17)

But that same night the word of the LORD came to Nathan, "Go and tell My servant David, 'Thus says the LORD: Would you build Me a house to dwell in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent for My dwelling.

God's Bigger and Better Plan (4-17)

'In all places where I have moved with all the people of Israel, did I speak a word with any of the judges of Israel, whom I commanded to shepherd My people Israel, saying, "Why have you not built Me a house of cedar?"' Now, therefore, thus you shall say to My servant David, 'Thus says the LORD of hosts, I took you from the pasture, from following the sheep, that you should be prince over My people Israel.

God's Bigger and Better Plan (4-17)

'And I have been with you wherever you went and have cut off all your enemies from before you. And I will make for you a great name, like the name of the great ones of the earth. And I will appoint a place for My people Israel and will plant them, so that they may dwell in their own place and be disturbed no more. And violent men shall afflict them no more, as formerly, from the time that I appointed judges over My people Israel. And I will give you rest from all your enemies.

God's Bigger and Better Plan (4-17)

'Moreover, the LORD declares to you that the LORD will make you a house. When your days are fulfilled and you lie down with your fathers, I will raise up your offspring after you, who shall come from your body, and I will establish his kingdom. He shall build a house for My name, and I will establish the throne of his kingdom forever. I will be to him a father, and he shall be to Me a son.

God's Bigger and Better Plan (4-17)

'When he commits iniquity, I will discipline him with the rod of men, with the stripes of the sons of men, but My steadfast love will not depart from him, as I took it from Saul, whom I put away from before you. And your house and your kingdom shall be made sure forever before Me. Your throne shall be established forever.'" In accordandance with all these words, and in accordandance with all this vision, Nathan spoke to David.

David's Response of Trust (18-29)

Then King David went in and sat before the LORD and said, "Who am I, O Lord GOD, and what is my house, that You have brought me thus far? And yet this was a small thing in Your eyes, O Lord GOD. You have spoken also of Your servant's house for a great while to come, and this is instruction for mankind, O Lord GOD! And what more can David say to You? For You know Your servant, O Lord GOD!

David's Response of Trust (18-29)

“Because of Your promise, and according to Your own heart, You have brought about all this greatness, to make Your servant know it. Therefore You are great, O LORD God. For there is none like You, and there is no God besides You, according to all that we have heard with our ears.

David's Response of Trust (18-29)

“And who is like Your people Israel, the one nation on earth whom God went to redeem to be His people, making Himself a name and doing for them great and awesome things by driving out before Your people, whom You redeemed for Yourself from Egypt, a nation and its gods? And You established for Yourself Your people Israel to be Your people forever. And You, O LORD, became their God.

David's Response of Trust (18-29)

“And now, O LORD God, confirm forever the word that You have spoken concerning Your servant and concerning his house, and do as You have spoken. And Your name will be magnified forever, saying, ‘The LORD of hosts is God over Israel,’ and the house of Your servant David will be established before You.

David's Response of Trust (18-29)

“For You, O LORD of hosts, the God of Israel, have made this revelation to Your servant, saying, ‘I will build you a house.’ Therefore Your servant has found courage to pray this prayer to You. And now, O Lord GOD, You are God, and Your words are true, and You have promised this good thing to Your servant.

David's Response of Trust (18-29)

“Now therefore may it please You to bless the house of Your servant, so that it may continue forever before You. For You, O Lord GOD, have spoken, and with Your blessing shall the house of Your servant be blessed forever.”

The Spirit of the Lord GOD is upon Me, because the LORD has anointed Me to bring good news to the poor; He has sent Me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the LORD's favor, and the day of vengeance of our God; to comfort all who mourn;

to grant to those who mourn in Zion—to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the LORD, that He may be glorified. They shall build up the ancient ruins; they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations.

Isaiah 61:1-4

And [Jesus] came to Nazareth, where He had been brought up. And as was His custom, He went to the synagogue on the Sabbath day, and He stood up to read. And the scroll of the prophet Isaiah was given to Him. He unrolled the scroll and found the place where it was written,

“The Spirit of the Lord is upon Me, because He has anointed me to proclaim good news to the poor. He has sent Me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the year of the Lord's favor.”

And He rolled up the scroll and gave it back to the attendant and sat down. And the eyes of all in the synagogue were fixed on Him. And He began to say to them, "Today this Scripture has been fulfilled in your hearing."

Luke 4:16-21

100+ Common Struggles and Personal Assessment

Congratulations – just picking this up took courage. Nothing gets better unless you face it...so you’ve already begun the healing process. Before you read the list below, go to a quiet place, pray and ask God to help you see your struggles. Then with a pen in hand, circle the ones that apply to you. And don’t worry if you circle a lot (we all can and did)...and frankly, the more honest you are with yourself and God, the healthier you will be – because healing will flow into all those areas, as God gives grace to the humble. **So pray, circle your struggles & give God a year at re:gen!**

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|------------------------------------|-------------------------------------|---|
| 1. Abandonment | 43. Fear of man/others | 85. Physical abuse |
| 2. Abortion | 44. Fear of rejection | 86. Phobias |
| 3. Abused: Phys/Verb/Emot/Sexually | 45. Fear of success | 87. Pornography addiction |
| 4. Abuser: Phys/Verb/Emot/Sexually | 46. Fetishes | 88. Pride/Self Righteousness |
| 5. Acceptance/ rejection | 47. Fighting: Phys/Verb | 89. Profanity/Swearing/Cussing |
| 6. Adultery | 48. Food addiction | 90. Prostitution/Stripping |
| 7. Alcohol(ism) | 49. Gambling | 91. PTSD |
| 8. Anger/Rage/Escalation | 50. Gluttony | 92. Racism |
| 9. Anonymous sex | 51. Gossip | 93. Rage |
| 10. Anxiety | 52. Greed/Selfishness/Love of Money | 94. Rape/Rape recovery/Date rape |
| 11. Anorexia | 53. Guilt and Shame | 95. Relationship Addiction |
| 12. Approval of others addict | 54. Hatred of others/self | 96. Resentment/Bitterness |
| 13. Apathy | 55. Hoarding | 97. Same Sex Attraction,
Homosexuality |
| 14. Arrogance | 56. Hopelessness | 98. Selfishness |
| 15. Binging | 57. Idolatry/worship of created | 99. Self-Worth (too high or low) |
| 16. Bisexual | 58. Infidelity/Sexual Purity | 100. Self-sabotage |
| 17. Blasphemy | 59. Insecurity | 101. Sexual addiction/deviancy |
| 18. Boasting/Bragging | 60. Isolation/Withdraw | 102. Sexual immorality/fornication |
| 19. Body image | 61. Jealousy/Envy | 103. Shopping/Spending |
| 20. Bulimia | 62. Judgmental/Judging others | 104. Singleness |
| 21. Cheating | 63. Lack of Growth | 105. Smoking/Dipping/Vape |
| 22. Child/Minor Pornography | 64. Lack of Self Worth | 106. Social Anxiety |
| 23. Codependency | 65. Laziness | 107. Stealing/Kleptomania |
| 24. Control | 66. Loneliness | 108. Stress |
| 25. Covetousness | 67. Loss of relationship | 109. Suicidal |
| 26. Critical Spirit/Complaining | 68. Lust | 110. Trans/Gender Dysphoria |
| 27. Cruelty | 69. Lying/Deceit/Dishonesty | 111. Unforgiveness |
| 28. Cult/Satanism/Witchcraft | 70. Manipulation | 112. Vanity |
| 29. Cutting / Self-Harm | 71. Masturbation | 113. Victim mentality |
| 30. Debt | 72. Materialism | 114. Video game addiction |
| 31. Defined by my Past | 73. Mental illness | 115. Voyeurism |
| 32. Depression | 74. Mistrust of God / No Belief | 116. Workaholic |
| 33. Disobedience/Rebellion | 75. Murder/Murderous thoughts | 117. Worry |
| 34. Divorce / Separation | 76. Negativity | |
| 35. Drugs/Substance Abuse/Pills | 77. Negative Interpretation | |
| 36. Drunkenness | 78. Obsessive thoughts/OCD | Others: _____ |
| 37. Emotional dependency | 79. Overeating | _____ |
| 38. Evil thoughts/actions | 80. Paranoia | _____ |
| 39. Fantasy | 81. Passivity | _____ |
| 40. Fear | 82. Pedophilia | _____ |
| 41. Fear of failure | 83. People pleasing | |
| 42. Fear of intimacy | 84. Perfectionism | |

Be brave. God loves you. And He can change everything!

Email regen@watermark.org to add a struggle to this list.

For we ourselves were once foolish, disobedient, led astray, slaves to various passions and pleasures, passing our days in malice and envy, hated by others and hating one another. But when the goodness and loving kindness of God our Savior appeared,

He saved us, not because of works done by us in righteousness, but according to His own mercy, by the washing of regeneration and renewal of the Holy Spirit, whom He poured out on us richly through Jesus Christ our Savior, so that being justified by His grace we might become heirs according to the hope of eternal life.

Titus 3:3-7

For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.

Galatians 5:1

How can we who died to sin still live in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into His death? We were buried therefore with Him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

For if we have been united with Him in a death like His, we shall certainly be united with Him in a resurrection like His. We know that our old self was crucified with Him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin.

Romans 6:2b-6

You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to Him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

Romans 8:9-11

Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows Me will not walk in darkness, but will have the light of life."

John 8:12

This is the message we have heard from Him and proclaim to you, that God is light, and in Him is no darkness at all. If we say we have fellowship with Him while we walk in darkness, we lie and do not practice the truth. But if we walk in the light, as He is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin. If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:5-9

O Come To The Altar

Are you hurting and broken within
Overwhelmed by the weight of your sin
Jesus is calling
Have you come to the end of yourself
Do you thirst for a drink from the well
Jesus is calling

O Come To The Altar

Leave behind your regrets and mistakes
Come today there's no reason to wait
Jesus is calling
Bring your sorrows and trade them for joy
From the ashes a new life is born
Jesus is calling

O Come To The Altar

O come to the altar

The Father's arms are open wide

Forgiveness was bought with

The precious blood of Jesus Christ

O Come To The Altar

Oh what a Savior
Isn't He wonderful
Sing alleluia, Christ is risen
Bow down before Him
For He is Lord of all
Sing alleluia, Christ is risen

O Come To The Altar

**Bear your cross as you wait for the crown
Tell the world of the treasure you've found
Jesus is calling**



Connection Card

Connect/share prayer requests on card (place in boxes in lobby) or go to:

fbctulsa.org/connectioncard

Next Steps

I will accept God's plan

Next Steps

**I will trust that God will work
everything out in the end**

Next Steps

**I will remember God's words
are true, His promises are good,
and His blessings endure**

I thank Him who has given me strength, Christ Jesus our Lord, because He judged me faithful, appointing me to His service, though formerly I was a blasphemer, persecutor, and insolent opponent. But I received mercy because I had acted ignorantly in unbelief, and the grace of our Lord overflowed for me with the faith and love that are in Christ Jesus. The saying is trustworthy and deserving of full acceptance,

that Christ Jesus came into the world to save sinners, of whom I am the foremost. But I received mercy for this reason, that in me, as the foremost, Jesus Christ might display His perfect patience as an example to those who were to believe in Him for eternal life. To the King of the ages, immortal, invisible, the only God, be honor and glory forever and ever. Amen.

1 Timothy 1:12-17

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