

The background features a dark blue gradient with several overlapping, slanted rectangular shapes in vibrant colors: yellow, purple, pink, and orange. Thin, light blue lines form a grid-like pattern across the composition, intersecting the colored shapes.

THE DANGER OF

NOTHING



“Nothing is strong enough to steal away a man’s best years. Not in sweet sins, but in a dreary flickering of the mind, over it knows not what and knows not why. In the gratification of curiosities so feeble that the man is only half aware of them.”

C.S. Lewis, The Screwtape Letters









**“You do not rise to the level of your goals. You fall to the level of your systems.”**

**James Clear, Atomic Habits**



Look carefully then how you walk,  
not as unwise but as wise, making  
the best use of the time, because  
the days are evil. Therefore do  
not be foolish, but understand  
what the will of the Lord is.

**Ephesians 5:15-17**



# What's the **THEREFORE** there for?

- 5:17 - Therefore do not be foolish, but understand what the will of the Lord is.
- 5:15 - Look carefully [therefore] how you walk....
- 5:7 - Therefore do not become partakers with them....
- 5:1 - Therefore be imitators of God....
- 4:17 - [Therefore]...you must no longer walk as the Gentiles do....
- 4:1 - I therefore...urge you to walk in a manner worthy of the calling to which you have been called....



# What's the THERFORE there for?

- 6:14 - Stand therefore....





# What's the THERFORE there for?

- 6:14 - Stand therefore....
  - Belt of Truth
  - Breastplate of Righteousness
  - Shoes of Readiness by the Gospel of Peace
  - Shield of Faith
  - Helmet of Salvation
  - Sword of the Spirit/The Word of God
  - Prayer
  - Alertness



Therefore do not be foolish, but understand what the will of the Lord is.

Ephesians 5:17

And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: You shall love your neighbor as yourself.' There is no other commandment greater than these.

Mark 12:30-31



# Next Steps

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

**Ephesians 2:8-10**



# Next Steps

I want to start a relationship  
with the Lord



# Next Steps

I want to be used  
by the Lord



# Next Steps

I want to make an impact